

## BMI Screening and Follow-up Plan (CMS69)

<https://ecqi.healthit.gov/ecqm/ep/2022/cms069v10>

### Measure Details

**Measure Description:** Percentage of patients aged 18 years and older with a BMI documented during the current encounter or within the previous twelve months AND who had a follow-up plan documented if most recent BMI was outside of normal parameters.

**Initial Population:** Patients 18 years and older with at least one eligible encounter during 2022.

**Numerator:** Patients with a documented BMI during the encounter or during the previous twelve months, AND when the BMI is outside of normal parameters, a follow-up plan is documented during the encounter or during the previous twelve months of the current encounter.

**Denominator:** Equals Initial Population.

#### Exceptions:

- Currently Pregnant
- Receiving palliative care
- Patients with a documented medical reason for not documenting BMI or for not documenting a follow-up plan for a BMI outside normal parameters (e.g., elderly patients 65 years of age or older for whom weight reduction/weight gain would complicate other underlying health conditions such as illness or physical disability, mental illness, dementia, confusion, or nutritional deficiency such as vitamin/mineral deficiency; patients in an urgent or emergent medical situation where time is of the essence and to delay treatment would jeopardize the patient’s health status).

### Documentation Overview

What is Documented	When is it Documented	Where in QMER
Patients BMI	On the encounter or during the previous 12 months	Vitals
Follow-up plan if BMI is outside normal parameters	On the encounter or during the previous 12 months	History Module

Exclusions/Exceptions	Where in QEMR
Currently Pregnant	DxCPT
Hospice/Palliative Care	History Module
Advanced Illness/Dementia	History Module
Patients Refusal to Participate	History Module

## Set Up

### Building History Items

Build the history items below:

1. Log into **QEMR** > Navigate to **Edit > History**
2. Highlight **Health Maintenance Screening** from History Category list on left side bar
3. Click **New** hot button
4. **Complete the Update History** Screen as seen below
5. Click **Save & Close** hot button

**Update History**

Save&Cls Close

- History Category : Health Maintenance Screening
- Item Description : BMI Outside Normal Range - Dietary Educat
- Comments :
- History Type : Procedure
- SNOMED : 11816003-Diet education
- ICD9/10 :
- CPT :
- LOINC Code :
- Refusal/Reason Code :

**Update History**

Save&Cls Close

- History Category : Health Maintenance
- Item Description : Pregnancy
- Comments : Due Date:
- History Type : Diagnosis
- SNOMED : 77386006-Pregnancy confirmed
- ICD9/10 :
- CPT :
- LOINC Code :
- Refusal/Reason Code :

**Update History**

Save&Cls Close

- History Category : Health Maintenance
- Item Description : Hospice Care
- Comments :
- History Type : Procedure
- SNOMED : 385765002-Hospice care management
- ICD9/10 :
- CPT :
- LOINC Code :
- Refusal/Reason Code :

**Update History**

Save&Cls Close

- History Category : Health Maintenance Screening
- Item Description : BMI - Weight Refusal
- Comments :
- History Type : Procedure
- SNOMED : 413311005-Patient non-compliant - refu...
- ICD9/10 :
- CPT :
- LOINC Code :
- Refusal/Reason Code : 162863004 ; Body mass index 25-29 - over

**Workflow**

*Adding History Items*

To document follow up for BMI outside of normal limits or an exclusion follow the steps below:

1. Navigate to **History Module > Health Maintenance** category
  - a. Double-click applicable status
    - i. BMI Outside Normal Range - Dietary Education
    - ii. BMI – Weight Refusal OR
    - iii. Pregnancy OR
    - iv. Hospice Care
  - b. Enter **Occur Date**

Category	Item	Smoking Status	Active	Occur Date	Date Entered	Source
Health Maintenance Screening	BMI Outside Normal Range - Dietary Education			02/17/2022	2/17/2022 11:45 AM	gloEMR

Category	Item	Comments	Smoking Status	Active	Occur Date	Date Entered	Source
Health Maintenance Screening	Current Pregnancy	Due Date:		<input checked="" type="checkbox"/>	09/06/2021	1/19/2022 9:20 AM	gloEMR

Category	Item	Comments	Smoking Status	Active	Occur Date	Date Entered	Source
Health Maintenance Screening	Hospice Care				01/19/2022	1/19/2022 9:21 AM	gloEMR

Category	Item	Comments	Smoking Status	Active	Occur Date	Date Entered	Source
Health Maintenance Screening	BMI - Weight Refusal				01/19/2022	1/19/2022 9:26 AM	gloEMR

**Incrementing Details**

*Occur Dates*

To increment ANY measure using the History Module the Occur Dater MUST be completed.

*Exam Coding*

If exam notes (Past Exams) are not coded with Diagnosis Code and CPT code measures will not increment.

*Measure Specific Codes*

Some of the SnoMed, LOINC, ICD10 and CPT Codes list are one of many available for some measures, if you practice would like to use an alternate code than what is listed in the set up section, please reach out to support for additional options.